Am I eligible for SNAP?

SNAP helps New Yorkers buy healthy food at the grocery stores, farmer markets, corner stores, and more. The amount you receive depends on your household income, household composition as well as other additional circumstances.

SNAP income guidelines

Family Size	130% of monthly gross income (no older adults, disabled, dependent care or earned income)	150% of monthly gross earned income (no older adults or disabled, and no one pays dependent care expenses)	200% of monthly gross income (older adults (60+) or disabled or dependent care)
1	\$1,632	\$1,883	\$2,510
2	\$2,215	\$2,555	\$3,407
3	\$2,798	\$3,228	\$4,303
4	\$3,380	\$3,900	\$5,200
5	\$3,963	\$4,573	\$6,097
6	\$4,546	\$5,245	\$6,993
7	\$5,129	\$5,918	\$7,890
8	\$5,712	\$6,590	\$8,787
Each add'l member	+\$583	+\$673	+\$897

^{*}Chart information is based upon SNAP standards effective October 1, 2024



Reach out today to see if you qualify!



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